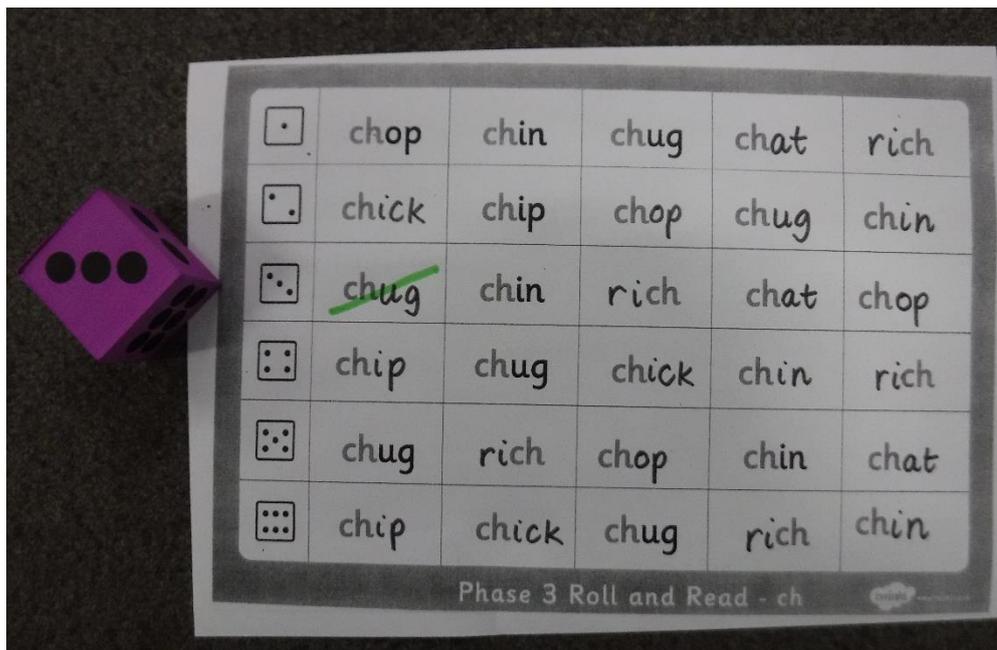


Wednesday 13th January

Morning to you all!

Today we are learning our second digraph **ch**. There will be a reading activity today and a writing activity tomorrow and that will be the usual pattern for the next few weeks. We will be learning 2 digraphs each week.

I have included a roll and read activity which will be new to the children. There is a dice in the pack just in case you don't have one at home. You need to roll the dice and depending on which number it lands on, you read a word from the corresponding row, so if you roll a 3, then you read and then cross out a word on row 3.



There are a lot of words here so you may need to complete this in short bursts or roll and read until you feel you have concentrated for long enough.

There are some **1-20 dot to dots** to help with the teen number recognition and pen control. You can colour them too. You don't need to do them all at once! They will probably last for a few days.

This week we are thinking about the ways in which we can keep our bodies fit and healthy. We will be watching and talking about Sportacus from **Lazy Town**.

You could watch an episode, there are lots on **YouTube**, and see what Sportacus likes to eat and all the exercise that he does. You could talk about how exercise keeps your heart and lungs healthy. Perhaps you could tune in to Joe Wicks or run around the garden.



Can feel your heart beating faster?

Are you out of breath?

Are you hot?

What fruit and vegetables do you like to eat?

Maybe you could make a fruit kebab?



These ones are repeating patterns. Do you know why?

You could take a photo of you doing some exercise or making a fruit kebab and email it to the school office.

Thank you for your hard work,

Don't forget to get in touch if you have any questions.

Mrs Ford.

Don't forget the Phase 2 games on

<https://www.phonicsplay.co.uk/>